

# THE UPPER ROOM

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Daily Devotional ▾

AUGUST 12, 2021

## Supporting Hand

Zafar Iqbal (Ontario, Canada)

(Image: Pixabay (<http://pixabay.com/>))

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If I take the wings of the morning and settle at the farthest limits of the sea, even there your hand shall lead me, and your right hand shall hold me fast. - Psalm 139:9-10 (NRSV)

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In 2014 my family and I migrated from Pakistan to Canada. Although we had many comforts and blessings in Pakistan, some domestic situations led us to make the tough decision to move. I was quite concerned about moving and adjusting to a different part of the world. We prayed a lot about this concern.

Early in the morning on the day of our departure, as we were waiting at the airport terminal, I looked toward the wings of the plane we would board. Amid my mixed feelings, my thoughts moved to the above scripture verses. I felt with strong conviction that God's supporting hand would continue to be upon us. It was then that God's peace replaced my worries.

During the first few years, we faced many challenges and struggles. However God's guidance, provision, strength, and support remained visible to us through our generous and supportive church friends. Ultimately my wife and I got good jobs in our professions, and our sons settled well into their studies.

Even in chaotic situations, as we keep on trusting God we can feel God's hand on us — leading, guiding, encouraging, providing for, and protecting us.

#### TODAY'S PRAYER

Dear God, thank you for your guidance, strength, and support no matter where we go. Amen.

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**Jan, Johnstown\_PA**

AUG 12, 2021 9:59PM

Zafar thank you for your devotional. It must have been very scary to leave everything that you knew to move to a whole new country with entirely different language and culture. I don't know if you are in the Toronto area, one of my very favorite cities. When we lived in Buffalo NY, we would go up there several times a year, especially for the CNE. I have heard it said that you can find someone from every country in the world in Toronto.

Your chosen passage is one of my very favorites. It gives me comfort that God is always near.

Blessings to all.



**TriciaLynnS**

AUG 12, 2021 9:21PM

Zafar Thank you for your devotional. I hope all continues to go well for you and your family. You are so brave!

I thank God for his peace. It is amazing how God's peace washes over us.



**JothamSaiborne**

AUG 12, 2021 2:00PM

Thanks Zafar for your devotional, for sharing with us about God's care for you and your family.

I'll testify that our God really is trustworthy. How blessed have I been by trusting and following Him. He is good.

Pray for me as I need God's guidance in some particular areas of my life.

May God bless you and all.

[Show 4 Replies \(/devotionals/en-2021-08-12/comments/570159\)](/devotionals/en-2021-08-12/comments/570159)



**Cheree**

AUG 12, 2021 1:51PM

Just talked to Jerry while I was in Walmart. He said they did to him what they did to Ron back in 2014. They went back in and scaped the infection out and now they have to grow cultures to see what bacteria it is to find the right antibiotic. They are going to keep him 3 or 4 more days. He is being given IV antibiotics to see if it helps. They won't know for sure until the cultures grow. He sounded better but still in pain on his left side. He didn't realize what time he called last night! I think he was medicated pretty good! I laughed and said that's ok that I wanted to hear from him! 😊. He wanted me to tell you how much he loves us all and knows there is power in the prayers here. He always seems so calm and loving. I pray he heals completely soon and we have his unique presence here in the chapel once more! ❤️🌸❤️

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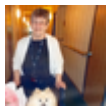


**Hiruni**

AUG 12, 2021 1:32PM

Thanks a lot Zafar for sharing a wonderful experience with God almighty.....  
And may God bless you all.....

Show 1 Reply (/devotionals/en-2021-08-12/comments/570152)



**Marilyn\_Brand**

AUG 12, 2021 11:19AM

Comment would not launch on my iPad, will try laptop. Really loved scripture and devotional. Thank you, Zafar.  
Joining prayers and praises, asking Lord's blessings on all!



**Yuri**

AUG 12, 2021 11:10AM

God's blessings upon all the immigrants in the past and present, who have built and are building this country. 🙏🏹



**G\_jones**

AUG 12, 2021 10:56AM

Good morning UR Family, praying for you all and asking for your prayer! I know God is watching us with his supporting hands. I will keep my faith in him and with everything I can to trust God. Gods almighty love is abundant.



**Kparao12**

AUG 12, 2021 10:46AM

Good morning URF, Blessings to all today on this beautiful sunny Florida morning. Thank you Zafar for todays message. How difficult your decision to move your family such a great distance. God is always with us and his promise is to never leave us. This scripture always brings me such peace and comfort. Where God sends me next doesn't matter, knowing he will be there with me does. Amen.

Show 2 Replies (/devotionals/en-2021-08-12/comments/570108)



**BJ**

AUG 12, 2021 10:34AM

Zafar, thank you for sharing how this important and beautiful scripture brought you peace and reassurance at such a pivotal moment. I have moved numerous times, but never across an ocean to another country. I pray the Lord will continue to bless and guide you and your family in your new homeland.

Praying for Jerry as he recovers from his surgery. Prayers for all other health concerns and other needs. Blessings to you all!

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**Catherine\_(Texas)**

AUG 12, 2021 9:06AM

Good morning, ur family,  
Zafar, what a wonderful devotional; touched my heart.

Praying for all the prayer requests listed on the forum today.  
Will check in later.

Off to see clinic patients today.

Please keep in prayer:

\*those affected by the Covid strain

\*those unvaccinated to understand the importance of vaccination

Thank you Lord for all you do for us each day.

We love you.

Show 4 Replies (/devotionals/en-2021-08-12/comments/570078)



**Beth\_of\_Saucier**

AUG 12, 2021 8:36AM

That should be Sheila-my sister.



**Beth\_of\_Saucier**

AUG 12, 2021 8:36AM

She has Jonathan at the emergency room. I just hope they can give him the infusion medication. I go from being angry with him that he wouldn't get the vaccine to worrying about how sick he is. Please say a prayer for him.

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**Linda\_Arnold**

AUG 12, 2021 8:32AM

Good morning URF ☺️! Met my granddaughter, Ann, & daughter, Michelle, for a 21 Days of Prayer service at Auburn Community Church. As I awaited their arrival, I watched so many young people arriving at 6:00am to have prayer time with our Lord. Seeing so many young people coming in was a blessing to my heart. Praying for our Lord's blessings & guidance for this service that will go another 16 days.

\*\*\*\*\*

Zafar, thank you for your message this morning. "God's love and care for me has no borders." Blessings to you & your family in Canada.

\*\*\*\*

My prayers are being lifted for all of your requests, spoken & unspoken. Prayers for healing of Jerry, Marcia, Taylor, Baby B, Cherie, Richard, Randall, Jenny's Mom, Robert's Dad, Monte, Michelle & family, Catherine's son & all others in this chapel. May each of you be filled with God's never ending love!

♥️🙏🇺🇸🙏🏠😊☪️🙏

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**Beth\_of\_Saucier**

AUG 12, 2021 8:20AM

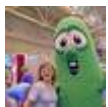
Good morning everyone! I am up early because we have Gabby. Zafar, what a testament of faith that you moved from Pakistan to Canada knowing that God would be with you. Change comes hard for many. Your decision to move from a life of comfort to the unknown across the world is change of the highest order. Not only were you showing your faith in God, there was a

good amount of personal bravery as well. I have climbed some high mountains with God's help, but leaving my homeland is not something I have ever experienced. It makes me smile to know that after a few years your family was able to rebuild a good life in Canada. To God be the glory for his help and guidance.

Stepping out in faith can be hard, even for the small things. Once again I am considering returning to the classroom for about 6 weeks. This time I would be teaching 3rd grade Math for a teacher on maternity leave. The principal has asked me to help out because there is a critical shortage of teachers and subs right now. My heart says do it and my head says-are you crazy? I would be diving into a hotbed of COVID and unknowns. So I need your prayers for God's discernment.

Am I brave enough to step out in faith like Zafar? Do I trust God to give me strength and keep me safe? I can talk a big ballgame-but I have to be willing to play. God bless each of us today.

[Show 8 Replies \(/devotionals/en-2021-08-12/comments/570041\)](#)



**WesternWriter**

AUG 12, 2021 8:15AM

Good morning, Prayer Warriors! Although my husband and I moved 7 times during the first 12 years of our marriage, we remained in the western United States and never moved overseas as Zafar did. I have taught English as a Second Language to many people that, like Zafar, did come here from other countries, and I have great admiration for their courage, perseverance, and faith. It takes all of those to rear children in a culture so vastly different from the one in which they grew up. / We visited my sister and her son (my nephew) last evening, and our visit was harmonious. We prayed last evening that the Lord would get us to our motel safely. We tried to stay off of the highway, but we found ourselves on it, seemingly by accident, but the Lord was with us. It took us right near our motel. God was with us. / Please keep us in your prayers that we will stay healthy as we travel and visit loved ones and friends. I pray for you as well. - Blessings, Mary, now in OKC

[Show 8 Replies \(/devotionals/en-2021-08-12/comments/570038\)](#)



**Brian\_-Amarillo,\_TX**

AUG 12, 2021 8:10AM

Zafar, thank you for the devotional reading and scripture selection focusing on the limitless nature of our sovereign God.

I recently read a book by Alistair Begg, "The Hand of God: Finding His Care in All Circumstances" where he encouraged the reader to hear Psalm 139 as coming from God to us. It really made an impact on me so I thought I would share. (Of course, we would insert our names for that of Joseph).

"Joseph, I have searched you and I know you. I know when you sit down and when you stand up. I know your thoughts from afar. I discern your going out and your lying down. I am familiar with all of your ways. Before you say anything, Joseph, I know it completely.

Joseph I have hemmed you in, behind and before. I have laid My hand upon you. Where can you go from My Spirit? Where can you flee from My presence? If you go up to the heavens, Joseph, I am there. IF you make your bed in the depths, I am there. If you rise up on the wings of the dawn, if you settle on the far side of the sea, even there My hand will guide you. My right hand will hold you fast.

Joseph if you say, 'Surely the darkness will hide me, and the light become night around me,' even the darkness will not be dark to Me. The night will shine like the day.

Joseph I created you. I knit you together in your mother's womb. You have every reason to praise Me because you are fearfully and wonderfully made.

Your frame wasn't hidden from Me when I made you in the secret place. I wove you together in the depths of the earth. My eyes saw your unformed body. All the days ordained for you were written in My book before one of them came to be.

Joseph, the sum of My thoughts towards you is vast; they outnumber the grains of sand. "

This Psalm has been a source of comfort for me in times of anxiety, uncertainty or worry and a platform for praise to our God who truly "knows" us. There is such a sense of security, peace and joy in acknowledging that God knows me on such an intimate level, yet He still loves me.



Lifting all spoken needs in prayer as well as those too heavy to share and joining in the prayers of praise and thanksgiving. I am so grateful to be able to come to this chapel and worship with such a diverse group bound together in the love of Christ. Keeping our brother Jerry in prayer for restoration of his health and provision during this time of affliction.

Have a blessed day one and all.

Shalom - Brian

[Show 7 Replies \(/devotionals/en-2021-08-12/comments/570035\)](/devotionals/en-2021-08-12/comments/570035)



**TerryLLong**

AUG 12, 2021 8:06AM

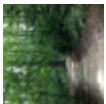
Amen 🙏



**cmckieve**

AUG 12, 2021 7:59AM

Zafar may our Lord continue to bless you and your family. It takes a lot of courage and faith to move from what had been your home to new surroundings and culture. But our forefathers showed us the way. Thank you Lord.



**Mbisagno**

AUG 12, 2021 7:57AM

Zafar, thank you for sharing a small piece of your story.  
Good morning, y'all. 3 sweaty miles accomplished with Katie. Hubby is taking us to lunch later, then Katie and I are going shopping for her dress for next month's Royal Prom. Will you please be in prayer that this special event will happen and that all the guests and volunteers will be blessed. (Royal Prom is a prom for people with special needs.) 💖

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**Marsha\_Z.,\_Bangs\_TX**

AUG 12, 2021 7:24AM

Good morning URF!

Praise the Lord for this blessed new day!  
Another hot summer day in central Texas!

Thank you Zafar for your devotional today!

“Even in chaotic situations, as we keep on trusting God we can feel God’s hand on us — leading, guiding, encouraging, providing for, and protecting us.” Amen!

Truly God walks with us where ever we go!

I am praying for you, your family, and your home in Canada.

Thank you for your prayers URF!

I got a good night’s sleep last night, 7.5 hours! It seems like Tuesday nights are difficult for me.

Praise the Lord, Linda is safe and well! Please keep praying for her and her nephew, Rocky.

I am praying for you.

Have a blessed and safe day!

[Show 2 Replies \(/devotionals/en-2021-08-12/comments/569970\)](/devotionals/en-2021-08-12/comments/569970)



**Sarah\_n\_Mississippi**

AUG 12, 2021 7:24AM

Zafar, praise be to God for you and your family—the work you do and the faith you have in God’s guiding hand. Great devotional! Sarah



**Donna\_of\_San\_Marcos**

AUG 12, 2021 7:18AM

Good morning dear UR family! Thank you, Zafar, for sharing your experience and how this scripture gave you comfort and strength. It was a brave decision to leave homeland and go into the unknown halfway across the world. Further, your testimony is one of how God keeps his promises and has provided for you and your family. I pray you are well and have many opportunities to tell your story.

So, the Storytelling Festival is postponed. The pastor and church leadership are closely following what is happening in our community, and the risk has now outweighed the benefit. But only postponed. The Storytellers are

going to set up a table outside at church this Sunday to tell part of their story and find ways to adapt to our changing circumstances. I am disappointed and relieved at the same time.

My friends with Covid are recovering, but still very weak. If these symptoms are mild, I would not like to think about what the serious ones are like.

Yesterday, I took two large paintings to my stepson that were in Larry's office, and when I almost dropped one strained my lower back trying to catch it. It happened so fast, but immediately I knew that I had hurt myself. I am able to get around, but there is pain. Like someone else said, there are so many here with serious health concerns I feel selfish asking for prayer. I also know that God cares about all and is only limited by our understanding.

Praying for all who enter this chapel, that you have your needs met and are blessed with good health.

[Show 18 Replies \(/devotionals/en-2021-08-12/comments/569952\)](/devotionals/en-2021-08-12/comments/569952)



**jhodgson8**

AUG 12, 2021 7:13AM

Thank you for your devotional today, Zafar. Moving away from your home can be daunting. I've done this with my family. How lovely to remind ourselves that God's love and care for us has no borders! He is with us wherever we may roam. We are just passing through on this earth until we can be with Him. Praying for emigrants. Blessings to all! Amen.

[Show 3 Replies \(/devotionals/en-2021-08-12/comments/569947\)](/devotionals/en-2021-08-12/comments/569947)



**Marsha\_Z.,\_Bangs\_TX**

AUG 12, 2021 7:13AM

I am weak and I need your strength and power

Author: Doris Akers

Tune: LEAD ME, GUIDE ME

Published in 42 hymnals

I am weak, and I need Thy strength and power  
To help me over my weakest hour;  
Let me through the darkness Thy face to see,  
Lead me, O Lord, lead me.

Refrain:

Lead me, guide me along the way;  
For if You lead me, I cannot stray;  
Lord, let me walk each day with Thee.  
Lead me, O Lord, lead me.

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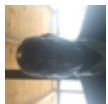


**Becky\_P**

AUG 12, 2021 7:12AM

Thank you Zafar . I love the Psalm reading too. This is a good one to keep in mind when feeling overwhelmed. We had a good day mostly yesterday but Rachel wasn't doing well in the evening. We were in a town that has a huge fountain with a light show every night. We weren't able to stay for that. Rachel was really upset and said she didn't want to ruin everyone else's vacation. I was surprised that Rachel thought of everyone else because she usually doesn't so that part was a blessing. Please pray for her. Brian and I think that the car rides are bothering her so a combination of things. I found out through my churches prayer chain that a friend named Lela is hospitalized with Covid. We don't know this family well but just happened to see them at the pool a few weeks ago and chatted a bit. She's in her 40s, married with three kids under 12. Prayers everyone has a blessed day♥♥♥

Show 8 Replies (</devotionals/en-2021-08-12/comments/569944>)



**JMR1955**

AUG 12, 2021 7:07AM

Good morning Upper Room. Thank you Zafar Iqbal for sharing from your personal experience with God's guidance, strength and support. Depending on one's perspective various scripture speaks to our needs. I have always thought of this passage of scripture as describing one who was trying to escape from God's presence and influence, as though it was written by Jonah who fled from God for fear that God would bless the Ninevites. But even in the story of Jonah, he could not escape God's presence nor the assignment that God had given him. In his case God saved Jonah; he completed his mission and his greatest fear came to fruition. Jonah's hated enemies repented of their evil ways and God saved them.

\*\*\*\*\*

In your story, these same words gave you peace and comfort as your anxieties about a great move from your comfort zone was necessary. Because I have experienced God's peace in fearful situations I relate completely to the joy and peace you felt when God made His presence known. The assurance that God is always with me, has over the years, allowed me to sleep when others were filled with anxiety and to keep going even when progress was slow. In God's kingdom, the race is not given to the swift but to the one who endures to the end.

\*\*\*\*\*

In Jesus, I join you in praying TODAY'S PRAYER and ask that God would provide the same blessings to the homeless, jobless, hungry, sick, widow, orphans and needy of all kinds. Lord save the lost. Amen

Show 5 Replies (/devotionals/en-2021-08-12/comments/569935)



**Hitesh\_Solanki**

AUG 12, 2021 6:59AM

Zafar, thank you for the motivating devotional. Most of us cannot enjoy life because of fear of the future. When changes take place, it gets harder to accept initially. It's natural to argue, resist or complain. This instinct is a sudden response to that action but gets released with time. Even Abraham grumbled made excuses and tried to get away when God chose Him to lead the Israelites. God had bigger plans for him. Jonah also fled away from the mission but was eventually brought back to the right track. Who can ever imagine that the prayers can also be heard amid the raging sea, from the belly of a big fish? For them, the mission given was harder to accept, it was challenging and most probably they thought of themselves as incapable of accomplishing it. And yes, they were right. With mortal efforts, the mission could never have been accomplished. But, with the power of God, it was attained. God has the power to transform weaker into stronger, vulnerable into capable, unstable into stable and frightened into courageous. In fact, God loves to employ broken people and make them successful so that humans can witness the true power of God. The Bible is a collection of stories about ordinary humans working on superhuman assignments. The story still goes on with us. We are the part of that story. We may be making excuses or turning away from the mission but we should never forget that God's power is running within us.

Show 8 Replies (/devotionals/en-2021-08-12/comments/569923)



**bliebler**

AUG 12, 2021 6:49AM

Good morning and thank you Zafar for today's devotional. Having immigrated to Singapore for a two year assignment 11 years ago I have some, very small, association with how you felt moving to Canada. I had a job and a lot of support from my employer, but it still took a leap of faith that it was the right move for my family and me. To do so without knowing how you can rebuild your life took a lot of courage and faith for you and your family. So glad it worked out for you.

Prayers up for this community.

Have a wonderful day.

Bill in Huntersville NC

Show 4 Replies (</devotionals/en-2021-08-12/comments/569900>)







**divakaren2**

AUG 12, 2021 6:48AM

Good morning UR Family. Thank you Zafar for the devotional. When I think about the many moves I've had in my life I can only say "but God, but God!" I was 27 when I left New Jersey. I was half listening to God and half listening to myself. I thought I was doing the right thing in reconciling with my husband. After 8 years of trying God made a way for me to move on. Thank God for always being there for me for the negative and the positive. Now I find myself in a situation where I may be moving again. But this time I know who I am and who's I am. I know God is with me helping me make all the right decisions this time.

Thank you all for the replies , prayers and suggestions for my cough. The grands had a great day yesterday. I took several of your advice and made hot lemon and honey with a hit of Bacardi black. No coughing episodes and I slept very well. Praying for JERRY,MARCIA

and Alice. Prayers for those needs spoken and unspoken. Love  and Blessings     

Show 10 Replies (</devotionals/en-2021-08-12/comments/569898>)



**littleonemjh@aol.com**

AUG 12, 2021 6:17AM

Good Morning,

Zafar, I LOVE this. It's so very true that God can be felt even when the times are tough, and no matter what we are going through. It seems if we will 'be still and know that HE is GOD', then we will hear, as you did, those quiet thoughts ripple through our minds which encourage, strengthen, support and continue to move us forward. Thank you for sharing!.

\*\*\*

URFamily, Thanks again, for your prayers. There is such comfort in knowing God is always with us regardless where we are. There is also comfort in knowing that other Believers are with you in spirit, through prayer, as well. I am grateful. Blessings and prayers for each of you today, and lots of hugs and smiles! Prayers also for the prayer list and so very many more! Have a joyful, warm, hug filled day! 😊❤️🦋

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**narvaez0329**

AUG 12, 2021 6:13AM

Hallelujah hallelujah hallelujah. Gloria a Dios. Thank you Papa. Glorimar is back home. Doing her oxygen and meds treatment, recuperating from CV. Edwin is also improving. His CV was asymptomatic, but surely Positive. Hallelujah. Praise God. Thanks for your prayers and care, thanks for your supporting words lifting my spirit in those difficult moments. I'm not alone. We are family.

Love prayers blessings

Carmen

Show 12 Replies (/devotionals/en-2021-08-12/comments/569876)



**Elizabeth\_(Massachusetts)**

AUG 12, 2021 6:10AM

Zafar. Thank you for sharing your story about relocating. Moving within one's state is hard enough, never mind moving across the ocean. I love the scripture selection today. It, too, has helped me in my various life struggles.

Show 2 Replies (/devotionals/en-2021-08-12/comments/569874)



**SarahCharlotte**

AUG 12, 2021 6:06AM

Zafar, we all need this reminder of regardless our physical or mental location our God is extending His hand to lead us. What a blessing you and your family found in relocating to a country where you were welcomed and

nourished.

Lauren's appointment went well yesterday. They reduced the steroids more, which is good. All the swelling and other symptoms she is having are because of the steroids and her body just having a hard time with medications because her "systems" have been so abused over the years with all the chemo. She only has to do one day a week at the infusion center now, which is great. She can always go back up if needing more replacements. She had a little breakdown moment and her doctor talked her through it. She said Lauren's emotions are understandable because she doesn't feel good, is so uncomfortable from the weight gain/swelling and she knows the concerns and fears about her mom's condition . Overall, a decent appointment.

We are in an unstable weather pattern that has lead to two nights of violent thunderstorms. I pray for those working in the dangerous heat and those exposed to the elements.

Today is vet day for CJ. Rabies vaccine due. Otherwise I'm hopeful for a good report on this ten year old lab that brings such pleasure to us and of course Lina!

Be a blessing to someone today!

[Show 10 Replies \(/devotionals/en-2021-08-12/comments/569867\)](/devotionals/en-2021-08-12/comments/569867)



**DeVonna**

AUG 12, 2021 6:01AM

Thank you Zafar for this morning's lesson. A dramatic move is SO stressful...I can only vaguely imagine how difficult it must have been for you and your family.

Dear Friends, I ran a fever yesterday afternoon. I had chills and went to be with a terrible headach. My mind immediately ran to the virus. Had I been exposed? I try to be so careful... My body ached and my head felt like a walnut being cracked...I took a large dose of ibuprofen and went to bed and slept. I woke up in the evening feeling a little better. This morning I feel completely well. I'm grateful, but wary. I hope you are all well today.

Blessings to you my Friends!

[Show 17 Replies \(/devotionals/en-2021-08-12/comments/569860\)](/devotionals/en-2021-08-12/comments/569860)





**Jebbird02**

AUG 12, 2021 5:59AM

Zafar, God was there for you to help you settle into a new location and a new Life. It is great to see you have acclimated yourselves to your new home. Amen

Show 2 Replies (/devotionals/en-2021-08-12/comments/569856)



**Heidi\_Johnson**

AUG 12, 2021 5:59AM

Thank you Safariparke for your devotional today.

Brings back memories when I left Germany many years ago.

Overcoming many obstacles as you settled in a new country.

Praises you made a new life for your family..

Praying for Sandip, Ed of Ocala, Sheila, we haven't heard from awhile. 🙏🙏



Praises for Jerry surgery is behind him and on the road to recovery.

Keeping you all in prayers today.

Blessings

Show 5 Replies (/devotionals/en-2021-08-12/comments/569854)



**narvaez0329**

AUG 12, 2021 5:51AM

Oh Lord My God when I in awesome wonder  
Consider all the World Thy Hands have made.  
I see the stars, I hear the rolling thunder,  
Thy Power throughout the Universe displayed

Then sings my soul, My Savior God to Thee,  
How great Thou art, how Great Thou art.

\*\*\*\*\*

Hallelujah hallelujah hallelujah. Praise God. Honor and Glory be to Jehovah  
King Creator Redeemer Comforter. Yes amen. Thank you Papa. God is  
awesome. Jesus is coming. Yes amen.

Love prayers blessings. Gloria a Dios.

Carmen

Show 10 Replies (/devotionals/en-2021-08-12/comments/569850)



**jaytbasinger**

AUG 12, 2021 5:32AM

Hi Zafar,

Thanks for sharing your faith with us this morning. It's early morning where I am this moment in my time.. I'm experiencing every sign in the hymn "How Great Thou Are".

Most significantly the, gentle breeze off the Atlantic ocean, the stars, clouds, surf, pure air n the orange sky glow of dawn. Where am I in this beautiful universe? I can almost taste HIS Love. HE IS !

I Love you, "Great One". Now, the thunder is rolling ! Wow-Who ! ?

An Agape event, URF.

Jay n Jesus on the beach. Look at those Love Waves. Incredible, awesome, exciting n peaceful. Hallelujah to say the least. I think I'll pray for y'all.

Show 6 Replies (/devotionals/en-2021-08-12/comments/569835)



**Cheree**

AUG 12, 2021 5:28AM

Good morning UR family! Thank you Zafar for the devotional and message from the Psalms. I have leaned on this scripture too in my life. I am so glad you made it to safe shores and rebuilt your life with help from those that cared. Love to you my friend! ❤️ ✨ ❤️

\*

Something made me leave my phone on last night. About a little after 1am Jerry called! I woke up running to the phone because I knew it was him! I usually turn the ringer off when I go to bed but I must have forgot! Jesus wanted me to talk to our brother and to hear his voice. He had a 6 hour surgery and still had not talked to the dr since. Of course, he wanted me to let everyone know that he was still praying for them!! I told him that was what everyone knows about our special brother of Light. He was weak sounding but he did laugh before he hung up! He has a nice laugh! 😊. I know we will keep lifting him and Kristy up in Prayer Light for complete healing. 🙏 ✨ 🙏

\*

My appointment went well. I like this doctor and he talked to me for quite awhile. He ordered xrays and nerve testing. We will try other things before surgery after he sees the xray and testing if possible. But surgery may be an option. I had a nice day out at thrift stores in the bigger city! Found a treasure trove of designer purses!!! I bought 8! That is my weakness! 😊. Little Man and Bombay Queen were both waiting at the side door for me!!

We're Hungry!!! Mama didn't feed us! 🙄. I have to really watch Jan more now. She wanted to grill a cheese sandwich last night and I smelled something (my supersonic nose) and she had forgotten to turn it off and it was next to paper plates. So moving the plates now and making sure she's safe. Pray this isn't permanent. 🙏 ✨ 🙏

\*

I pray for those struggling to decide how and where to immigrate to. I pray for compassion and kindness to overcome fear and hate. I pray for the school systems leading our children. I pray common sense will make a comeback. I pray for the sad and lonely who walk our streets and hide behind closed doors. I pray for the homeless and hungry. The sick and hurting ones. I pray for the refugee and immigrants seeking safety. I pray War No More! I pray for Peace! ✨ 🙏 ✨

\*

Everyone have a thankful Thursday! Love and Light! ✨ ✨ ✨

[Show 28 Replies \(/devotionals/en-2021-08-12/comments/569834\)](/devotionals/en-2021-08-12/comments/569834)



**Scottie\_mom**

AUG 12, 2021 5:26AM

Zafar, thank you for this devotional and for sharing your story. Leaving your home country and starting over in a new place takes a lot of courage and faith. I love how the wings on the plane reminded you of the Bible verse about God always being there with us. We can trust Him to support us and guide us in all new situations. I am so glad that everything worked out well for you and you found a supportive church family. Blessings to you and your family.

My own father emigrated to the US in 1929 from Corfu, Greece; he came through Ellis Island where his name was shortened. He did not speak English. He joined a group of Greeks in Wichita Falls, Texas and settled in, establishing a confectionery and later on, a small cafe. He also met the Texas farm girl working in town, who he would later marry and who would become my mother. 🙄

UR family, prayers for whatever is on your hearts today and blessings as well. ❤️ 🙏

[Show 9 Replies \(/devotionals/en-2021-08-12/comments/569833\)](/devotionals/en-2021-08-12/comments/569833)



**JudyfromYalaha**

AUG 12, 2021 5:10AM

Good Morning All, SarahCharlotte Hope you saw the comment I made to you yesterday. My neighbor was told that most "wanderers" won't cross a black rug. They think it is a hole. Also, the local police here have "wristwatches" they give out to help if someone get out. Then they can find them quickly.

Zafar, needed this today. Just so much to do and a body that can't do it. We did find someone to help us clean before the house goes on the market. A very busy lady who just happened to have Monday free. Thank you God for clearing the way before us. Dave's colonoscope went fine. Next he gets to swallow one of those little cameras.

Praying for our URFamily, and for those suffering oppression. Praying that this oppressive Virus will be controlled soon.

[Show 15 Replies \(/devotionals/en-2021-08-12/comments/569828\)](/devotionals/en-2021-08-12/comments/569828)



**FieldsIm1012**

AUG 12, 2021 5:04AM

Good morning Zafar and UR Family. Happy Thursday! Zafar, I'm so glad your family settled into your new surroundings and are doing well. Thank you for sharing your story and reminder that God is with us wherever we go. My pastor is fond of saying, "There is no spot where God is not." I have felt God's presence throughout my life. I feel the Holy Spirit moving through this UR community. Thanks all for your prayers, encouraging words and the git of hope. May God bless you and keep you safe. Love, Laura F.

[Show 4 Replies \(/devotionals/en-2021-08-12/comments/569826\)](/devotionals/en-2021-08-12/comments/569826)



**ellismm2017**

AUG 12, 2021 4:45AM

Thank you, Zafar, for sharing with us today. I pray that this meditation gives SANDIP some hope. God's supporting hand is in this process for him and Anju. Even though the wait is agonizing for them both, God has a plan and His plans are always perfect, even when we don't understand them.

The well check for Skye, Madison and Corey went wonderful yesterday. The referrals have been sent and Skye was given some depression medicine that helps with anxiety as well. I was happy about that because I didn't want

her being on a controlled substance. Her and I are on day 4 of a devotion about anxiety. It's going good so far.

Bill spent the night last night and he will be repairing some flooring in the trailer today. They didn't put insulation in when they laid the plywood floor so the weather is rotting it. He already replaced the floor in the boys bedroom a couple months ago. It's probably gonna have to be replaced throughout and insulation put in when we move out. Speaking of which, Jachelle made a very adult decision recently. She wants the car money we've saved for her to go towards land and she believes that's what God wants us to do. She said that she believes that's why we haven't found the right car. We had \$4k (\$700 from her job) for that and we were putting some stimulus money back for land anyways so now we have \$7k. I am going to hand that over to Miss Jean so that when the time is right, it can assist in the purchase. God has a plan and His timing is perfect!

@ANN\_IN\_HAVELOCK\_NC, I loved when you said, "time to drop this burden and let You guide me", because I've allowed it all to pile on again. I've forgotten that I don't have to carry it. Thank you!

@CINDY99, A reward for resolving their issues sounds like a perfect idea!

Thank y'all for your comments, love and prayers yesterday! I am praying for y'all and I love y'all! -Michelle Marie Ellis Facebook @FaithFueledMama6 Instagram @FaithFueledMama6

Show 6 Replies (/devotionals/en-2021-08-12/comments/569825)



**Joe**

AUG 12, 2021 4:32AM

How are our public and private truths wrong - [https://prayer.forwardmovement.org/forward\\_day\\_by\\_day.php?d=12&m=8&y=2021](https://prayer.forwardmovement.org/forward_day_by_day.php?d=12&m=8&y=2021)



**Monte**

AUG 12, 2021 4:06AM

Psalm 139 7 Where could I go to get away from your spirit? Where could I go to escape your presence?—In the midst of this psalm of affirmation of God's total knowledge and presence in our lives, these two questions pop up. All of us have our areas where we want privacy. How big or small that area is depends on the individual. For some people you may almost need a

search warrant to gain admission to their private lives. Others thrive in open sharing of many aspects of their lives. And many may have good reason to protect their privacy. Yet in this verse we are talking about God. Do we need to get away from the Spirit? Do we need to escape from God's presence? I guess we do if we are thinking in human terms. Yet this is God. Look at it this way—we don't have any experience in being out of God's presence. God provides for us at all times. The Spirit is there at all times. We have no sense of how 'dark' it would be in God's absence. And no matter how 'private' we are, we should not seek to get away from God.

\*\*

Zafar, thank you for sharing your journey. God's presence makes all the difference. One reminder you give all of us as we seek to be God's servants, 'our generous and supportive church friends'.

\*\*

Prayers for emigrants. In a world full of upheaval, moving may seem to be the only supportive and safe way to survival. Praying that we find ways to accommodate the needs of these persons. Even as it seems there is no immigration and asylum policy that fills the bill, Gracious God, guide our thoughts in doing our best and being our best. Amen.

Prayers for those with special needs today. Prayers for those making decisions about safe practices in the midst of the surging virus tally.

Praise God for the new day and the reminder that God is always present.

Show 9 Replies (</devotionals/en-2021-08-12/comments/569814>)



**Georgine,\_Arqua\_Petrarca,\_Italy**

AUG 12, 2021 3:27AM

Today's Sight Psalm:

"In all things of nature there is something of the marvelous." — Aristotle

Illustrated by a beautiful photo by Annis Henson.

Show 2 Replies (</devotionals/en-2021-08-12/comments/569789>)



**Suranjith\_Dallas\_Texas\_USA**

AUG 12, 2021 3:21AM

Zafar Iqbal I came from Sri Lanka to USA in 1987 when I was 49 and had a similar experience like your's. God has been merciful and our 3 children are doing well in life. The two of us are retired and live happily with God's

blessings. God will never let you down! 🙏❤️🙏 Praise God from whom all blessings flow!!

Show 5 Replies (/devotionals/en-2021-08-12/comments/569782)



**Georgine, Arqua, Petrarca, Italy**

AUG 12, 2021 3:12AM

Good Morning Everyone from Quoyloo, Orkney.

A beautiful day after the heavy rain last night. No rain forecasted, 13C (56F) wind South East mph warmer later 15C a contrast to Italy with very high temperatures at the moment.

Thank you Zafar for today's Devotional. It is not easy to transfer to a new land with a different culture and language. I imagine your choice was also because of religious reasons.

"Even in chaotic situations, as we keep on trusting God we can feel God's hand on us — leading, guiding, encouraging, providing for, and protecting us."

Zafar Iqbal (Ontario, Canada)

Zafar Iqbal is an accountant. He loves serving Christian organizations with his gifts and abilities, fellowship with family and friends, and traveling and exploring new places.

TODAY'S PRAYER Personalised

Dear God, thank you for your guidance, strength, and support no matter where I go. Amen.

\*\*\*\*\*

Prayers for those on Sarah's prayer list.

Prayers for Sarah and her family, Lucy and Albert .

Prayers for those affected by COVID-19 and for the success of the vaccination program Worldwide.

Prayers for Christians who are discriminated against and persecuted for their faith.

Prayers for Pastor Shah and Pastor Khan and their families.

Pastor Shah asked for prayers for Shweta, Pastor Dilip Sahare and Pastor Subhash .

Prayers for Pastor Shah as he and his family are homeless at the moment and are staying with his brother-in-law's family. Richard has posted today giving more specific details.

Prayer is essential. Thank you to those who pray for these concerns . The Lord bless and keep you.

Show 4 Replies (/devotionals/en-2021-08-12/comments/569781)



**JK**

AUG 12, 2021 3:07AM

UPDATE~~Jan's (my zoom fitness instructor)mother is on a bit of a roller coaster with her recovery from the corona virus even though fully vaccinated. She needs oxygen one day and not the next. She needs to eat 5 meals a day, so the specific prayer is for her to eat more and to be free of assistance for oxygen. Thank you prayer warriors.

Show 25 Replies (/devotionals/en-2021-08-12/comments/569780)



**JK**

AUG 12, 2021 3:02AM

Praise God from whom all blessings flow~~~

\*

Thank you Zafar for sharing with us. What a testimony as you made the decision, move and transition from Pakistan to Canada. That is a leap of faith. I am pleased to know that your and your wife found employment and your sons adjusted well to their new environment. I pray that remains the case during and since the pandemic. Blessings to you all.

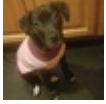
\*

Thank you prayer warriors. Tricia is fine thanks be to God. She has a bruise and a "sour memory" of the "event", but otherwise is unscathed. She and her friends visited the Ding Darling Wildlife Preserve yesterday morning while I had my zoom fitness(I missed both Friday and Monday driving). The Ding Darling is a drive through "adventure" and I love doing that, but can go another time. Perhaps if Fred is not too nasty, I can go then. The animals do not mind the weather and often more wildlife is "out and about". We shall see. I digress.

\*

Have a wonderfully blessed day one and all. Sleep eludes me at this very early hour yet again. Praying for all the concerns shared here and that you all have a very wonderful Thursday. Be safe!





**raynard**

AUG 12, 2021 2:45AM

Good Morning U.R Family. Thank you Zafar for your devotional. Good Morning Lord. Thank you for giving me and my family safety as we slept last night. Please my your hand be upon those who worked overnight as they prepare to go home . Asking for your leading and guiding them and those wake up and

prepare for what lies ahead in their day today.. I was able to yesterday after a 5 hour nap as the heat got to me alittle to go and read all of the comments from this ministry chapel. Asking for prayer for each and every need spoken and unspoken. The other day Mary ans I along with Destiny went to the park to

wark. I hold Destiny close and tight on a short leash. We were and are around cultures that are afraid of dogs. I respectfully put distance between them and Destiny to calm their fears. To my daughter Michelle, Today's prayer will be my prayer for you and then so as you are dealing with the challenges of getting

your kids ready for school.. I'm having a moment sad to say but I was going thru my divorce from my 1st wife when my kids were school age. I was only asked from time to time to buy school clothes birthday and Christmas stuff. If God gave me strength to survive a divorce, 22 year military career and my time in

Iraq as I experienced a possible heatstroke . What followed was 22 IV's and a short hosptial stay and did I mention the emergency surgery I had while stationed in Turkey? God had then and still does his hand on me as he " wrapped his loving arms around me just like he does all of us daily. Hallallajah!

Everyday " just a little bit of love kindness compassion goes a long way as we not only " make and take time to write what's on our hearts, but read the thoughts that others have and share them as God moves them to. Good Morning to each and everyone and especially to those in the baclony.Prayers

going out to each and every spoken and unspoken prayer request. Be blessed and encouraged everyone! We can still " Rejoice" cause God loves us and his love blesses and encourages me to share that love for others that's in my heart daily. Hallallajah! Hallallajah! Hallallajah! Have a great safe and healthy day to all.

Show 10 Replies (</devotionals/en-2021-08-12/comments/569776>)



**judysheavly7@gmail.com**

AUG 12, 2021 1:11AM

Good morning everyone. Thank you, Zafar for your inspiring devotional today. I am glad you and family have settled in Canada. God is everywhere , it doesn't matter where you live. I will pray that God will bless you and family . ---For my friends in Upper Room : I thank you again for you who prayed for my friend , Bonnie. She went to the doctor yesterday and he ordered a different test. I talked and consoled her most of the day. I will keep you posted. ---TBTG !! Love to you all and have a very blessed Day!!

Show 4 Replies (</devotionals/en-2021-08-12/comments/569774>)



**Richard\_Marietta\_GA**

AUG 11, 2021 11:47PM

Sorry its late (or early....?), and forgot to add "I Hope Everyone has a Blessed Thursday!"



**Richard\_Marietta\_GA**

AUG 11, 2021 11:35PM

Thank You Zafar for sharing your wonderful GOD Inspired comments, glad to know You and Your Family have settled into your new life! HE is Faithful and testimonies such as yours, remind us of just how lucky we are to worship a Good and Loving GOD, THE only GOD, the GOD of All Creation!

Georgine asked me to update you on Pastor Shah's and his Family's situation but first I want to thank you for your Love, Prayers and Support for Pastor Shah and his Ministry, during this transitional time of him and family, living with his brother in law. Most of you know his family was evicted (thrown out) quite unexpectedly from their rental apartment by the government police, while Pastor Shah was away on a mission trip. I can send you a video clip of the eviction if you email me, [faithworx365@gmail.com](mailto:faithworx365@gmail.com)

This eviction was possibly due to persecution being inflicted on leaders of religions other than unofficial state religion, who are perceived as a threat. Due to U.S. unrest, it makes one wonder if we are next. The most interesting thing I notice in the clip is a bold but simple wooden cross hanging on the exterior wall adjoining the balcony in full view of those who pass by, bravely showing his home has a place of love and refuge for all, Pastor Shah indicates landlords are currently reluctant to rent to people who are of a religious affiliation other than major religion, especially a leader, for fear of retribution. And even if he can move forward with an apartment, what would prevent this from happening again?

It seems the safest and most secure method of housing for him and family is home ownership. Georgine, Terry, and I have conversed with Pastor Shah in length regarding this concept as it unfolds, and I am happy to say the update Georgine was referring to me providing, is very good news! Pastor Shah has identified a small flat which evidently is similar to his old rental flat for sale for what Georgine and I think is below market price and is move in ready! Based on this, Pastor Shah has secured an option on the home for a brief period. Also good news the monthly payments are similar to amount he was having to pay for rent so there is no additional ongoing expense. The home costs \$42,857. Pastor Shah has found a bank who will finance the home if a \$6428 down payment is made; again the monthly payment would approach \$300 per month similar to his previous monthly rent. The only additional charge required to move in is a \$108 electrical security deposit. Therefore total upfront costs equals \$6536.

The Upper Room Family has done so much for Pastor Shah's ministry this year, however the HOLY SPIRIT has shown us several times when confronted with the dilemma of whether to present Pastor Shah's case to Our Upper Room Family "to either lead, follow, or get out of the way"! So... we are providing the details and "getting out of the way"! Please contact me or Georgine if you have questions.

If so led please Pray for Pastor Shah and his Family. If further led to financially support, there are several ways to give besides wiring Pastor Shah direct. If you feel led to wire direct, please contact me at [faithworx365@gmail.com](mailto:faithworx365@gmail.com) and I will provide wiring instructions.

1. For electronic transfers I have set up an account for Pastor Shah via Paypal. The address is faithworx365@gmail.com. I have access to other means of electronic transfer such as Venmo, Cash App, and Zelle. If you prefer another method of electronic transfer other than these, let me know and I will try to accommodate. Please always email me at faithworx365@gmail.com confirming your contribution, all electronic transfer accounts other than Paypal, were existing personal accounts drafted into emergency service on behalf of Pastor Shah and his Ministries, therefore not dedicated exclusively; no problem, just helps if I am assisted by a notice of pending contribution.

2. You can send cash or bank checks via Moneygram which is available at all Walmarts, many Walmart Neighborhood Markets and many CVS Pharmacies, there also may be other outlets in your area. The Moneygram ID to send to is "Richard E. Hollenshead, Marietta, GA." and the receiving store receives almost instantly for my pick up. However apparently many outlets now have a scam alert form to fill out as standard protocol for all wire transfers. I was informed about this from a UR Faithful who attempted but was denied because apparently her answers did not fit the approval criteria. Please notify if you successfully send money this way, either by text, phone (# appears below) or email, and I will pick up in a timely manner. and add to the tally.

3. I also have set up a PO Box for Pastor Shah to receive checks and cash.. Since this is a timely campaign it would be great to send via a form of Priority Mail, although very happy to receive via regular mail. I do not wait for checks to clear but wire funds immediately upon receipt, including them in next batch. If you do not have an account set up with U.S. Postal System and is a hassle to go to Post Office in order to send via Priority Mail, please as early as possible drop in a mail box and let me know the day and amount you sent. Georgine and I monitor. If required we may be able to advance the funds before we receive your check. The PO address is as follows:

Richard E. Hollenshead PO Box 72321 Marietta, GA 30007

Please make checks payable to Richard E. Hollenshead. If they are made out to Pastor Shah I cannot cash and have to pay expensive postage to forward and he may or may not receive mail in 3-4 weeks and even if he does, many Indian banks will not cash.

Again Thank You for Your Faithfulness in Prayer and Support for Pastor Shah, His Family, and His Ministries.

Richard Hollenshead

Show 3 Replies (/devotionals/en-2021-08-12/comments/569769)



**Sarah\_from\_Berwyn,\_IL**

AUG 11, 2021 7:20PM

Good morning, everyone! Thank you, Zafar, for your devotional this morning. I hope that you and your family have adjusted well to your new home in Canada. I can only imagine that life would be rather different from that in Pakistan, the weather being only one major difference. No matter where we are on this earth, believers in the Lord Jesus Christ are under His watchful care.

MONTE - I am praising the Lord that all went okay for you on Tuesday when you needed to purchase and install a water heater at one of your rental properties. I pray that you can get some needed rest following this. I am keeping you in prayer as you prepare to fill in on two Sundays at the end of the month as chaplain for a local nursing home. I pray that the Lord will uphold you, filling you with His Spirit for this. \* RAYNARD - I am praying for your friend in Florida's mother who has bone marrow cancer. I pray that all treatment she has will be effective in destroying this cancer. I pray that the Lord brings her healing, and she will have a full recovery. I am keeping Mary's son in prayer as he was moved to a different prison. I praise the Lord that he now has internet access at this prison, and can contact you both via email now. I am also praying for your two youngest daughters, as their car is no longer working, and they need to use their mother's car. I pray that the Lord will lead them to find another good, well-running vehicle at a good price they can afford

GEORGE of Virginia Beach - I pray that you and your daughter Arielle have a safe flight to Kansas today, as you go to visit family. I pray that you all will have a good time together. I am praying for your son Thomas and his wife Alexis, that the Lord will bring them both healing. I pray that they make a full recovery as they finish off their quarantine time. I am also keeping your son Robert in prayer, as he is staying with you for a few weeks to help him develop the discipline of having a routine, especially with his medicine and exercising. I pray that the Lord will help him with this. I am praying, too, for the little feral kitten he found in a pond, that the little one will survive and

thrive. \* MICHELLE ELLIS - I am keeping you and your family in my prayers. I pray that the Lord will help you to accomplish all that you need to each day. I pray that He will bring healing to your health issues, and you are feeling much better. I pray that you are able to get each child their well-check visits with their doctors so they can enroll in school. I pray that they will all do well this school year, and the Lord keeps them safe from the virus.

JK - I am praying for your sister Tricia, as she fell and hurt herself when out with you and her dog, trying to keep her dog away from a dog that was out, not on a leash despite leash laws. I pray that the Lord brings healing to her knee, hand, foot and ankle, and that she is feeling better now. I am keeping Tricia in prayer as she will be flying back to Virginia when she will be going to court with her son and his court case. I pray that the Lord will bring justice in his case. I also pray that Tropical Storm Fred will not increase in strength, nor make its way up by you, especially while you will be alone for the next few days. \* CHERIE - I pray that all went well yesterday when you went to the doctor in Ocala for your carpal tunnel. I pray that they have some treatment they can give you to bring relief to the pain you have.

GEORGINE of Italy - I am lifting the Christian pastors and churches in India, as in many parts of the country they are experiencing severe persecution from the predominant religion there. I am keeping Pastor Shah in prayer as he and his family were forced out of their house by anti-Christian mobs, with their belongings destroyed, and they have been unable to find another permanent or safe place to live. I pray that the Lord will watch over them, provide them with a safe home, and protect them from harm. I also pray for Pastor Subhash, as his home was burned down by his neighbor. I pray that the Lord will provide him a safe home, as well. I pray that the Lord will bring healing to Shweta, and also to Pastor Sahare from the black fungus disease. I am also praying for your sister Elaine and her friend as they leave the Orkney Islands tomorrow after vacationing with you, to return home. I pray that the Lord will give them a safe trip.

REBELJ - I am praying for your great aunt in Maryland, as she recently broke her ankle. I pray that this will heal fine, and the Lord brings her relief from all pain or discomfort. I praise the Lord that she has family and friends looking in on her, and pray that she will be walking fine real soon. I am also keeping your mother in prayer as she has knee surgery today. I pray that the surgery is successful, the Lord bringing her healing and relief from all pain. I pray that she will have a quick recovery, and will be walking fine soon. \* KAREN - I am holding you in prayer, that the Lord will bring you healing from the persistent dry cough you have been bothered with for

awhile. I pray that the doctor can find you something to bring relief that will not bring a rise to your blood pressure. I pray that your grandchildren had a good first day of school yesterday. I pray that this will be a good year for each of them, and the Lord keeps them both safe from the virus.

JUDY of Yalaha, FL - I pray that all went well for your husband Dave yesterday with his colonoscopy. I pray that he hears back soon with the results, and all is good. I have not heard of pills for that, rather than the nasty liquid. That sounds so much better! I am keeping you in prayer as you make all the repairs and cleaning to the house that is necessary before you put it on the market. I pray that the Lord will uphold you and give you the strength and the help that you need for this. \* MAMOU - I am praising the Lord that Jesse and also your niece are improving! I pray that He will bring them each ongoing healing. I also praise the Lord that your mother is doing fine! Also that your sister Bonnie's little dog is doing better following a scare with his breathing. I pray, too, that Bonnie's biopsy results will come soon, and have good and encouraging news.

CATHERINE of TX - I am praising the Lord that your dog Gwennie's lab results came back showing much improvement with the fluid "doggie dialysis". I pray that she will continue to make improvement. I am keeping your daughter-in-law in prayer as she is trying to find an online architectural school. I pray that the Lord will guide her to find one that has what she is looking for and at a price she can afford. I am praying for your grandchildren as they head back to school. I pray that the Lord will keep them safe from the virus, and they have a good year. \* SARAH CHARLOTTE - I am continuing in prayer for your friend Lauren and her battle with leukemia. I pray that the Lord might still, even at this late date, bring her a miracle healing. If not, I pray that He will have mercy upon her and she has relief from all pain and uncomfortable effects of the disease, such as the weight gain, stretching her skin. I am also praying for her mother who has dementia, as she has been going outside and refusing to come inside, which is causing Lauren to have panic attacks, worrying about this. I pray that the Lord will help the family find ways to ensure that the mother doesn't wander around outside.

MARILYN of Yukon, OK - I am continuing in prayer for your grandson. I pray that he would draw closer to the Lord, and follow His leading and direction in his life. I am also praying that he will change his mind about getting a virus vaccination. I pray that in the meantime the Lord will keep him safe from becoming infected. \* MARSHA of Bangs, TX - I am holding your friend Linda and her nephew Rocky in my ongoing prayers. I pray that Rocky will

get the help that he needs for his alcoholism, now that he is out of prison. I pray that the Lord will send him a good Christian friend or mentor to help keep him on the right track, and he will not end up back in trouble. I am continuing to pray that the Lord brings you healing and relief from the persistent insomnia you have been suffering with.

LEAH - I am holding the Hooper and the Henly families in prayer, that the Lord brings them the strength, comfort, and peace they need at this time. I am also praying for the Clevenger family, for Morgan, Wil, Brandon, Lisa, and your grandfather, that the Lord will meet each of their needs, and the healing that they need. \* LARITA - I am praying for your sister Judy, her daughter Andrea, and her granddaughter Makayla. I pray that the Lord will meet the specific needs in that household right now, according to His perfect will.

MARILYN BRAND - I am praising the Lord that your granddaughter is doing much better! I pray that He will continue to bring her ongoing healing, and she makes a full recovery. \* SHEILA CRANE - I am continuing in prayer for the family and friends of your former neighbor, Mrs. Jones. I pray that the Lord brings them comfort and peace as they continue to mourn her passing. I pray that your meeting with the Episcopal priest goes well, as you work on the draft for the sermon for their Freedom Sunday, for the children you advocate for.

BETH of Saucier, MS - I pray that your daughter Jacklyn and son-in-law Brad had a safe trip to Memphis yesterday, where he will be speaking at a conference. I pray that all goes well, and the Lord brings them back home safely. I am also praying that He will send Brad plenty of good, conscientious employees, as his business is growing, and it's been difficult to find good workers. I am also continuing in prayer for your nephew Jonathan and his wife Ashleigh, as they are both rather sick with the coronavirus. I pray that neither will need to be hospitalized, as they don't have insurance. the Lord brings them healing and a full recovery. I pray that no one else in the family becomes infected. \* CONNIE - I am lifting both you and your husband in prayer as you each have tested positive for the coronavirus. I pray that the Lord will bring you both healing. I pray that neither of you will need to be hospitalized, and that you will both make full recoveries.

JOTHAM SAIBORNE - I am praying for several of your neighbors, as members of their families have the coronavirus. I pray that the Lord will bring them each healing, and make full recoveries. I pray that no one else in their families, nor in the neighborhood become infected with this disease. I



am also praying for several neighbors, as they mourn the passing of family members. I pray that the Lord brings them each comfort as they grieve these deaths.

Again, here is the web address to my devotional site for any interested in reading - [bcplectionary.com](http://bcplectionary.com)

Have a blessed day, everyone!

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### TODAY'S READING

[Psalm 139:1-12](#)

### THOUGHT FOR THE DAY

God's love and care for me has no borders.

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Emigrants

Respond by [posting a prayer \(http://prayer-center.upperroom.org/request-prayer\)](http://prayer-center.upperroom.org/request-prayer).

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“ I join many of those who will pray for you as you seek to discern what you are called to be at this moment. May God grant you the courage to fulfill that calling. May we all open our eyes and see the misery, open our ears and hear the cries of God’s people, and, like God through the Lord Jesus Christ, be incarnate amongst them.”

View a growing list of [resources for the spiritual work of overcoming racism](http://www.upperroom.org/resources/the-spiritual-work-of-overcoming-racism/?path=testimonial) (<http://www.upperroom.org/resources/the-spiritual-work-of-overcoming-racism/?path=testimonial>).

—Rev. Sidwell Mokgothu, Limpopo Synod Bishop of the Methodist Church of Southern Africa and board member for Africa Upper Room Ministries

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